

utopia

achieving perfect harmony

Your personal comfort.

Your personal choices.

Your total well-being.



845 w brucker st | medford wi
715 748 2600 | completeutopia.com

massage services

Aroma-Luxe Massage

A gentle massage applying the power of organically sourced essential oils from herbs and flowers takes you on an aromatic journey. Your therapist will help you select the oil blend: relaxing, energizing or detoxifying for a customized massage experience.

90 minute \$78.00 | 60 minute \$58.00 | 30 minute \$43.00

Deep Tissue Massage

Focuses on the deeper layers of muscle tissue. This massage is perfect to release chronic muscle tension through slower strokes and more direct deep pressure.

90 minute \$78.00 | 60 minute \$58.00 | 30 minute \$43.00

Soothing Stone Massage

Smooth river basalt stones are warmed and lubricated with oil for a deep muscle penetrating effect. The heat from the rocks helps speed up the healing process and soothe tight muscles more quickly than traditional strokes. This is a wonderful alternative to deep tissue massage.

90 minute \$83.00 | 60 minute \$63.00



Couples Massage

Experience a massage with someone you care about, are close to, mothers and daughters, couples, sisters, or a good friend.

Swedish/Deep Tissue 90 minute \$156.00 | 60 minute \$116.00
Stone 90 minute \$166.00 | 60 minute \$126.00

Four Hand Massage

This is truly a unique and wonderful experience. Imagine getting a massage with four healing hands. Our caring therapists will bring you to a state of ultimate relaxation by working out the stress, awakening and re-circulating that powerful energy!

Swedish/Deep Tissue 60 minute \$116.00 | 30 minute \$86.00



Feet First

The feet are often a very neglected part of the body. The feet, when manipulated through massage, can lead to a feeling of revitalization throughout our entire body. This massage covers knees to toes.

30 minute \$35.00

Hand & Arm

Perfect for hand and arm ailments, this service is a full arms, elbows and hands massage.

30 minute \$35.00

Chair Massage

This massage is for the person on the go that is in need of focus on the back, neck, and shoulder area. You select the level of pressure that fits your needs. No need to disrobe! Simply tell us how long you have, what area(s) need attention and we will take care of the rest.

\$1.00 per minute

Prenatal Massage

A soothing experience serves to renew and revive the mommy-to-be as the therapist performs a full-body massage using a comfortable prenatal pillow to specifically address the many changes that occur during pregnancy. This experience aids in relaxation, benefits circulation and provides comfort during a beautiful time of change. (Not recommended until after the first trimester.)

60 minute \$58.00 | 30 minute \$43.00

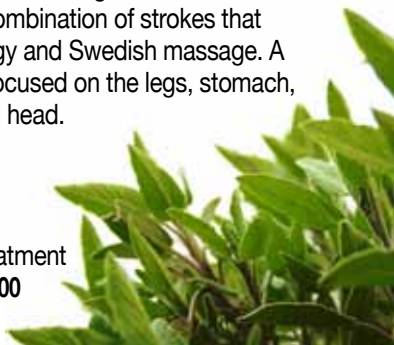
Infant Massage

The emphasis of infant massage is on the communication and relationship between the parent and baby. It centers on respect for the infant's feelings and desires. Infant massage involves a combination of strokes that incorporate Reflexology and Swedish massage. A series of strokes are focused on the legs, stomach, chest, arms, back and head.

15 minute \$20.00

Vichy Shower

Add Vichy Shower treatment prior to massage. **\$30.00**





foot detoxification

Foot detox is done to balance the body by increasing circulation, energy levels, metabolism, organ and gland function, sweating and also improving pH balance. You will find you have an improved sense of physical health and emotional well-being. Foot detox helps reduce stress, aides sleep inconsistencies, athletic stress on the body, pain, and trauma to the body and reduces the acidity in the body which can cause disease.



This treatment is recommended for individuals with high-stress lifestyles, athletes, those exposed to toxic environments, people seeking physical and emotional improvement, and anyone wanting to improve their quality of life.

Foot detox - one session \$33.00

Foot detox - six sessions \$178.00 (\$20.00 savings)

tanning

Maintain that summer glow by utilizing our state-of-the-art tanning services. Utopia has high-intensity 15 minute beds. One tanning session in our beds is equivalent to three in a standard bed. Tan up to once every other day.

Tanning session purchases are valid for one year from date of purchase.

Single session	\$5.00 + tax
10 sessions	\$40.00 + tax
20 sessions	\$75.00 + tax
One month unlimited	\$45.00 + tax

Utopia has a wide selection of lotions and accelerators to help you achieve and maintain the perfect tan.

hydrotherapy

Vichy Shower

Water is a miracle of nature, essential for all life and valued for its healing effects upon the emotions and the body. Your treatment will provide relaxation, detoxification, stress relief, increased circulation, skin toning and rejuvenation. Experience the restorative powers of water as tensions and cares melt away. Your therapist will help you select the oil blend: relaxing, energizing or detoxifying for a customized face and scalp massage. **15 minutes \$30.00**

Steam Room

Excellent treatment following a massage or on its own, as it helps remove impurities and promote skin elasticity and tone. Also great for colds and sinus congestion. Essential oils added to make your experience even more unforgettable.

15 minute \$20 | 30 minute \$35

Two or more clients: 15 minute \$15 | 30 minute \$30

escape packages

Perfect Harmony Escape

Detoxify your body! This two and a half hour escape includes a Vichy Shower treatment, 60-minute four hand massage, a relaxing sit in the steam room, followed by a foot detoxification session. **\$190.00**

Revitalizing Escape

For two hours, restore your body and realign your balance with a Vichy Shower treatment, 60-minute massage, followed by a relaxing sit in the steam room. **\$103.00**

Couples Retreat

Just the two of you! Each of you will enjoy two hours of pampering. Start off with a 90-minute couple's massage followed by a relaxing 30-minute sit in the steam room. **\$205.00**

Teen Escape (13-19 year olds)

Get pampered for one and half hours with a Vichy Shower treatment and 30-minute massage followed by a relaxing sit in the steam room. **\$90.00**



premier clients

Utopia's Premier Clients receive valuable money saving coupons and promotions via mail and electronically. They are also the first to know about upcoming events and new products such as our latest line of 100% natural soaps, lotions, shampoos and more.

Utopia's **Massage Earnings Program** is also available to all Premier Clients. Earn your way to big savings! See Utopia for complete details.

Don't forget, you can always **follow us on Facebook** for the latest news and information from Utopia!



gift certificates

Utopia gift certificates hold the promise of a rejuvenating experience for spouses, parents, friends, teachers, or anyone who deserves a special day of relaxation.

Purchase and send gift certificates instantly online at www.completeutopia.com!

GIFT CERTIFICATE POLICY

- Gift certificates must be presented at the time of service.
- Utopia is not responsible for lost or stolen gift certificates.
- Gift certificates can be upgraded for the next available service with the difference being paid up-front. Please inquire at the time of scheduling an appointment.
- Gift certificates are not refundable or redeemable for cash.
- Gift certificates expire one year from date of purchase.
- Gift certificates may not be used in conjunction with discounts, coupons, or promotions.

for your comfort & information

- Senior citizen discount offered to persons 65 and over, 10% on all services. Not valid with any other specials or gift certificates.
- We recommend that our guests schedule their next appointment prior to leaving.
- Our scheduling is designed to allow the correct time needed to complete your services. Sessions will begin and end at their scheduled times. Sessions begun late due to client arriving late will still end at the scheduled time and will be charged full price.
- New clients please arrive 15 minutes prior to scheduled appointment time. Client will need to complete a health history form at time of arrival and update as necessary.
- Clients should be in present state-of-mind, not under the influence of alcohol or drugs. If the client is currently taking prescription medication, please be aware that services can alter the effect of your medication. Please consult your physician prior to your appointment.
- Sexual harassment is NOT tolerated. The session will be terminated immediately if the practitioner feels his/her safety is being compromised.
- Utopia is a smoke-free facility.
- We accept most major credit and debit cards.
- As a member of the Medford Area Chamber of Commerce, we accept chamber gift certificates.
- A \$50 service charge will be added to all returned checks.
- A 24-hour cancellation notice is required for all services to avoid being charged for the service. Emergency cancellations are determined at the practitioner's discretion.
- All prices are subject to change without prior notification.



location & hours

Monday, Tuesday & Thursday	9:00 am - 7:00 pm
Wednesday & Friday	9:00 am - 5:00 pm
Saturday	9:00 am - 1:00 pm
Sunday	closed

Utopia is located on the western side of Medford, just off Billings Avenue on W. Brucker Street. Billings Avenue is about one half mile east of Medford Area Senior High off Highway 64. Once on Billings, travel north two blocks to W. Brucker Street and turn left. Utopia is the first business on the right.



Call **715 748 2600** to schedule your appointment today. We recommend our clients schedule their next appointment prior to leaving.

Visit us online at **CompleteUtopia.com** to find Utopia's current promotions, additional service details, staff bios, and updates on the newest items from our 100% natural product lines.

Follow our Facebook® page for year-round promotions or join our **Premier Client Program** for exclusive money saving deals.

